



Crossroads Corner

Crossroads Care Center November 2017



Welcome to Crossroads!

We extend a warm welcome to our new residents Frenchie Reasonover, and James Reese. We hope you will enjoy your stay at Crossroads Care Center and that you will have many visitors. Our staff is always available to answer questions and help in any way.

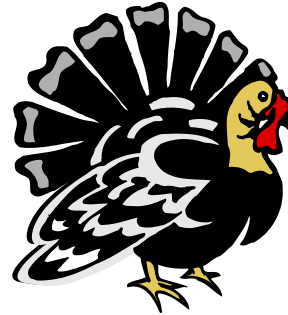
Farewell...



Best wishes to, Milda Rients and Pat Dreesen who were discharged in October. We wish her well and thank her for entrusting her care to us!

Family Christmas Party December 9th 2:00pm

Our annual Family Christmas Party will be held on Saturday, December 9th. We invite families and friends join us at 2:00PM for Christmas fun, dessert and entertainment. Please RSVP by December 5th by calling Anita Miller, 507-376-5312 or e-mailing AMiller@worthingtonnh.com



Special Happenings In November

| | | |
|------------------|---------------------|-------|
| 1 st | Rhythm Band | 10:00 |
| 3 rd | Balloon Volleyball | 2:00 |
| 6 th | Resident Council | 2:00 |
| 10 th | Happy Hour | 2:00 |
| 16 th | Birthday Party | 2:00 |
| 17 th | Word Boggle | 10:00 |
| 23 rd | Happy Thanksgiving! | |
| 27 th | Bingo | 2:00 |
| 29 th | Hangman | 2:00 |

NOVEMBER BIRTHDAYS

- 14TH Lavonne Jonas
- 17th Harriet Winter
- 22nd Frenchie Reasonover
- 25th Dale Hardwick

Thank You Notes

- Kathy Hoefker for the pool noodles!
- The family of Lori Darger for the donation of clothing!
- The Middle schoolers for their weekly visits!

Our Sympathy to

The family of Joe Maras blessed be his memory.

Religious Services In November



Sunday Church

Services

Every Sunday

In the lobby area 4:00 p.m.

Pastor Sickmeyer & Church Family

Guests are welcome!

Tuesday Worship Services

2:00 p.m.

7th Grace Community

14th Indian Lake Baptist

21st Presbyterian

28th Worthington Christian

Vital Research Surveys

The Minnesota Department of Human Services sees nursing facility quality as a top priority. Since DHS began tracking in 2004, there have been statewide improvements in quality of nursing care, quality of life, and other factors that are important to residents and their families. This fall you should receive a survey in the mail from Vital Research on behalf of DHS. Vital Research is collecting the satisfaction surveys and is not connected with any Minnesota nursing facility or with the Department of Human Services, other than their work on this project. An online survey is also available for your convenience. Your opinion is very important and we encourage your participation. Both the mailed and online surveys are confidential and we will not see your responses. On November 8th and 9th specially trained staff from Vital Research

will be interviewing a random sample of our nursing facility residents. Residents can also choose not to participate at any time. The interviews take an average of 15 minutes to complete and are confidential. The resident and family survey summarized results will be posted on the internet as part of the Nursing Home Report Card consumer guide at <http://nhreportcard.dhs.mn.gov/>. The management of this facility will also receive these results to help monitor quality. Thank you for your participation.

November

Is...

- ★ National Hospice Month
- ★ American Diabetes Month
- ★ National Family Caregivers' Month



Birthstone: Topaz

Flowers: Chrysanthemum

1st All Saints Day

5th Daylight Savings Time Ends
"Fall Back" (Set clocks back 1 hour)

11th Veterans' Day

19th-25th National Games & Puzzles Week

22nd -29th National Bible Week

23rd Thanksgiving



Join Us For a Holiday Meal!

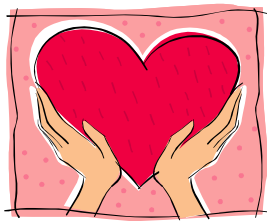
Families and friends are welcome to share a holiday meal with our residents. Holiday guests are served in the Activity Room at 12:30 p.m. on the day of the holiday. Cost of a holiday meal (Thanksgiving or Christmas) is \$4. Spouses of residents are half price! You can purchase

meal tickets in the Business Office or at the South Nurses' Station. We do ask that you give us 48 hours' notice if you plan to eat with us on a holiday due to the larger number of guests expected and additional preparation necessary. Please call us at 376-5312.



Planning To Decorate Rooms for the Holidays?

Please decorate safely. Federal & State Life Safety Code prohibits the use of certain types of decorations, considered to be combustible. Decorations that are prohibited include, but are not limited to, pictures on walls or doors wrapped in paper to look like presents, cut greenery including fresh evergreen wreaths, straw wreaths, scarecrows, etc. Candles are prohibited unless wicks are cut off. Burning candles, aromatic oils, incense, etc. is prohibited. Artificial Christmas trees and greenery are permitted and may be decorated with lights that are UL approved. Use of extension cords, however, is always prohibited.



Staff Corner... "Hands & Hearts Who Care"

Happy Birthday Staff!

| | |
|-----------------|------------|
| Bobbie Banks | November 1 |
| Denise Carlson | November 8 |
| Amanda Versluis | November 8 |

| | |
|---------------|-------------|
| Anita Miller | November 10 |
| Cindy Handy | November 19 |
| Alex Peterson | November 28 |

Anniversaries of Employment

Carol Kern, CNA, 19 years
Evelyn Murray, LPN, 15 years
Shawn Boomgarden, RN, 11 years
Stacy Koster, Housekeeper, 3 years
Petra Valle, CNA, 3 years
Victoria Deuschle, CNA, 2 year

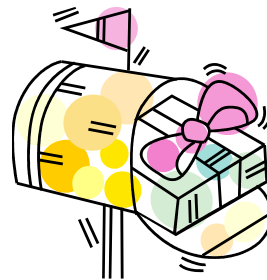


***November is National Hospice Month
Thanks to our dedicated Hospice Providers and Volunteers For All They Do!!!***



Congratulations to Thong Nguyen

Thanks for all you do!



Tips on Sending Cards, Gifts or Clothing

- * Be sure to mail early so that your loved one receives your card or gift before Christmas.
- * Use the correct mailing address:

Resident's Name
Crossroads Care Center
965 McMillan Street
Worthington, MN 56187

- * Make sure all items are labeled with resident's name or initials.
- * Any food items should have the date prepared on them and in a sealed container that can be resealed after opening.
- * If you want a resident to have assistance with opening packages please call Karen to let her know a package will be coming and add "C/O Karen Rye" when addressing the package.



Entertainment Needed

We are looking for entertainment for our monthly birthday parties. If you would like to help us out, please contact Anita. Thanks!

Memory Care Support Group

Memory Care Support Group will be held November 15th a support group for family members of those challenged with memory loss will be held at 2:00 PM at the Sanford Hospital, lower level conference room. This is held the third Wed. of every month. Please join us. There is no charge. Refreshments will be served. If you have questions, please call Karen Rye 376-5312.

Family Council Invitation!



Families have a right to have their own group called a "Family Council." The purpose of a Family Council is to discuss and make recommendations to the facility for improvements as well as to learn more about the facility and how families can help in the care and activities of their loved ones, the residents. It has been a number of years since we had an active Family Council. If interested in starting a Family Council please contact Karen Rye, Social Services, for more information. We would be happy to help you set up and organize a private meeting for you and other families.

NEW MEDICARE NUMBERS

Beginning in April 2018, new Medicare numbers and cards will be sent. Your Medicare number will no longer be your Social Security number. As soon as you receive your new card, please bring in so we can make a copy for our records.





From the Business Office: Information

Automatic Withdrawal & Credit Card Payments

We now have Automatic Withdrawal and Credit Card Payment set up for you to have your monthly payment for care automatically deducted from your account of choice. If interested in automatic payments, please contact Kris Ling, our Accounts Receivable Manager at 507-376-3175. She will provide you with an authorization form to sign. We will also need a voided check to verify your bank's routing number and your bank account number or Credit Card Information. You will still receive a monthly statement for your records.

New Pharmacy Service

Alixia RX is a National Pharmacy with a local Presence! Alixia RX's unique model allows us to provide pharmacy services to post-acute facilities across the country. Our on-site dispensing systems provide access to more than 400 of the most common medications. A local pharmacy service technician provides service, support and training, restocks, and maintains the on-site dispensing system. AlixiaRx employs certified geriatric clinical pharmacists that integrate into the facility's interdisciplinary team to collaborate in resident care. AlixiaRx clinical pharmacist provide clinically proven outcomes, improve overall patient care, decrease drug costs and improve nursing efficiency.

PART D CHANGES Medicare Part D Open Enrollment



The Open Enrollment period for Medicare Part D plans starts October 15, 2017 and ends December 7th, 2017. If you want to make changes in your prescription drug coverage, you need to do it during these dates. If you have questions about your Medicare Part D coverage or would like more information please contact Karen Rye at 507-376-5312. Changes with Humana need to be made as they have made changes in their plans that will affect coverage. All Part D plans will be reviewed and if changes are needed, you will be contacted with information for best coverage.



Happy Thanksgiving