



Crossroads Care Center

# Crossroad's Corner

Crossroads Care Center

July 2017



## Welcome to Crossroads!

We extend a warm welcome to our new residents Mary Ellen Quinn, Dale Peters, Edith Koopman, Bessie Oddson, Eleanor Schuck, Harriet Winter, Ardis Scholten, and Sharon Schettler. We hope you will enjoy your stay at Crossroads Care Center and that you will have many visitors. Our staff is always available to answer questions and help in any way.

## Sincere Sympathy



We extend our sincere sympathy to the family and friends of Norman Gallagher and Bernice Koster who passed away in June. Our prayers are with them as they mourn the loss of their loved ones.

## Happy Birthday Residents!



Janice Doeden	July 7
Lorraine Ailts	July 11
Dorothy Grant	July 26
Nancy Zuehlke	July 27



## Memory Care Support Group

July 19<sup>th</sup>, 2017 a support group for family members of those challenged with memory loss will be held at 2:00 PM at the Sanford Hospital, lower level conference room. This is held the third Wed. of every month. Please join us. There is no charge. Refreshments will be served. If you have questions, please call Karen Rye 376-5312.

## Family Council Invitation!



Families have a right to have their own group called a "Family Council." The purpose of a Family Council is to discuss and make recommendations to the facility for improvements as well as to learn more about the facility and how families can help in the care and activities of their loved ones, the residents. If interested in starting a Family Council please contact Karen Rye, Social Services, 507-376-5312, for more information.

## *Religious Services In July*



### *Sunday Church Services Every Sunday*

*Activity Room 4:00 p.m.*

Pastor Sickmeyer & Church Family  
Guests are welcome!

### *Tuesday Worship Services 2:00 p.m.*

5<sup>th</sup> (Wed) Methodist  
11<sup>th</sup> Methodist  
18<sup>th</sup> Presbyterian  
25<sup>th</sup> Worthington Christian

## *July Is...*

Family Reunion Month  
National Picnic Month  
National Ice Cream Month  
Birthstone: Ruby  
Flower: Larkspur



4<sup>th</sup> Independence Day  
4<sup>th</sup> National Country Music Day  
30<sup>th</sup> National Father-in-Law Day

## *Special Events in July*



Mondays at 2:00 Bingo!  
Saturdays at 2:00 Bingo!

4<sup>th</sup> Happy 4<sup>th</sup> of July!  
10<sup>th</sup> Resident Council 2:00  
12<sup>th</sup> Ladies from St. Matthews 2:00  
19<sup>th</sup> Ladies from St. Matthews 2:00  
20<sup>th</sup> Birthday Party 2:00  
27<sup>th</sup> Food club 2:00

## *Requests*

- ✦ Please check with your family member to make sure his/her electric razor is working. We can't use straight edge razors for safety reasons.
- ✦ We are in need of CD players. If anyone has a CD player they are using and would like to donate, it would be much appreciated!



## ***Staff Corner...*** ***“Hands & Hearts Who Care”***

### ***Happy Birthday Staff!***

Lori Mejia	July 2
Christina Murphy	July 9
Patrick Johnson	July 12
Dean VonHoltum	July 18
Marisol Garcia	July 19
Shirley Olson	July 20
Yazmin Hernandez	July 30

### ***Anniversaries of Employment***

Cheryl Matthies - 30 years of service  
Rachel Snyder - 24 years of service  
Jerry Ring - 3 years of service  
Marie Anderson – 2 years of service  
Habtamu Gebremariam–1 year of service

### ***Resident Council***

#### ***Employee of the Month***

***Rachel Snyder, TMA/CNA***

***Thanks For All You Do!***

***What did residents say about Rachel?***

***-“She is nice and helpful”***

***-“She is always happy”***

***-“She knows what needs to be done  
without having to ask”***

***-“She never complains and is fast!”***

## ***Social Services Notes from Karen Rye***

### ***Sensory “Picnic Basket”***



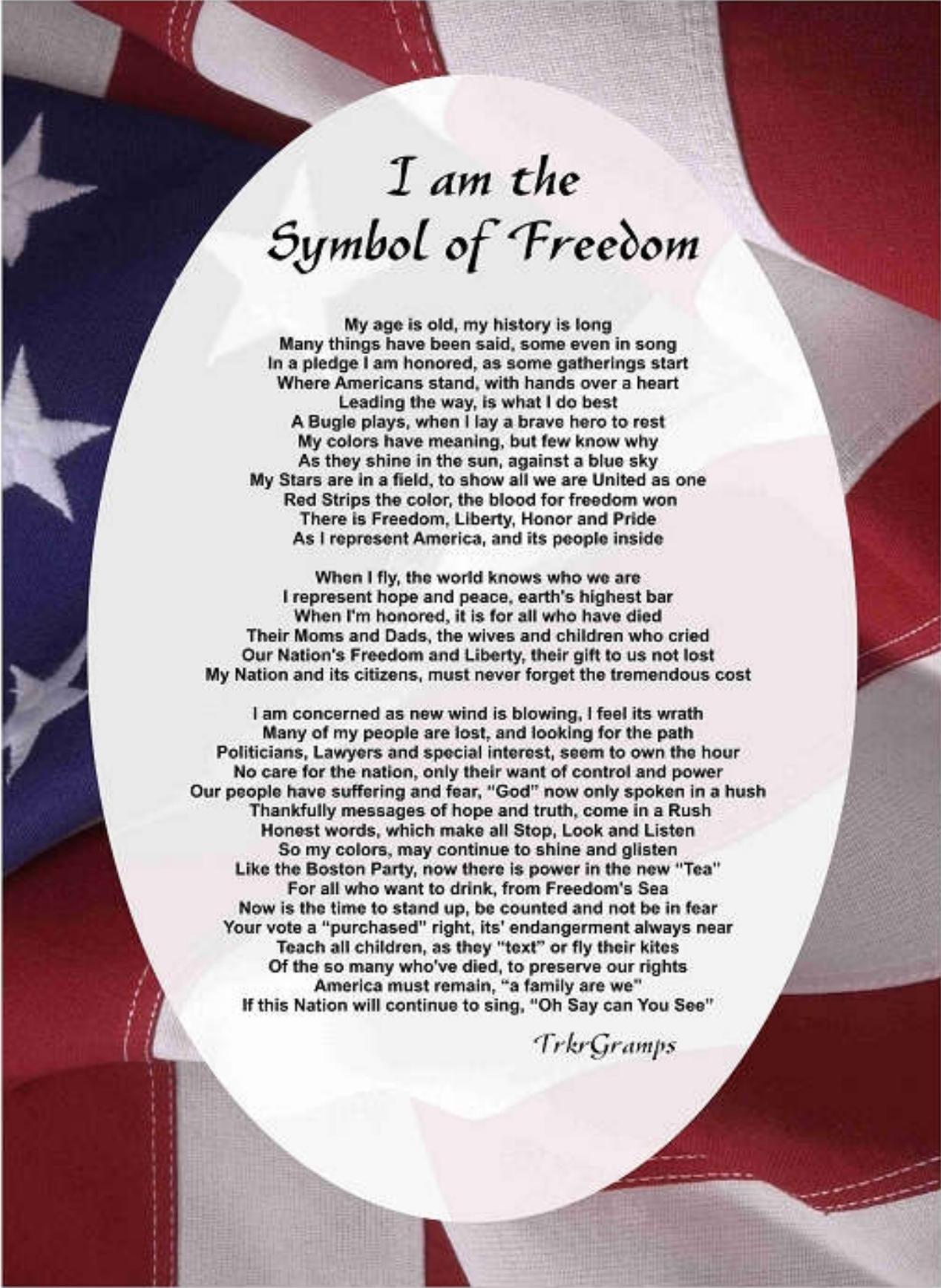
July is a time for reunions, picnics, and family celebrations. A lot of planning goes into this type of event whether it is a class, cousins, old friends, or family reunion. Gatherings are held near an ocean or lake, in the mountains, on the prairie, in the city, and on farms or ranches. These locales can lend a theme for a reunion as well as the activities that people enjoy. Family cookbooks and photo albums often come out of reunions and make great things to look at and talk about. Because reunions often involve food and picnics, put these sensory items in a picnic basket this month and share with your loved ones:

**VISUAL:** Print pictures from the Internet of families on a beach, in parks, having picnics, etc. You can also show photos of residents and their families.

**AUDITORY:** Talk with your resident about reunions they have gone to or planned. Ask about cousins, aunts, uncles, or classmates they enjoyed spending time with. Play songs like Family by Dolly Parton, Grandpa (Tell Me Bout the Good Old Days) by the Judds, etc.

**TACTILE:** Bring outdoors in with sand, rocks, grass, shells, flowers and decorations, reminiscent of locations where reunions could take place. Also include a camera, paper plates, cups, silverware, pie plate. Include some plastic ants. What is a picnic without ants?

**TASTE AND SMELL:** Food at reunions can take on the flavors of the locale (ie: clam bake, fish broil, barbecue) Reunions bring out the best cooks and the best food. Enjoy!



## *I am the Symbol of Freedom*

My age is old, my history is long  
Many things have been said, some even in song  
In a pledge I am honored, as some gatherings start  
Where Americans stand, with hands over a heart  
Leading the way, is what I do best  
A Bugle plays, when I lay a brave hero to rest  
My colors have meaning, but few know why  
As they shine in the sun, against a blue sky  
My Stars are in a field, to show all we are United as one  
Red Strips the color, the blood for freedom won  
There is Freedom, Liberty, Honor and Pride  
As I represent America, and its people inside

When I fly, the world knows who we are  
I represent hope and peace, earth's highest bar  
When I'm honored, it is for all who have died  
Their Moms and Dads, the wives and children who cried  
Our Nation's Freedom and Liberty, their gift to us not lost  
My Nation and its citizens, must never forget the tremendous cost

I am concerned as new wind is blowing, I feel its wrath  
Many of my people are lost, and looking for the path  
Politicians, Lawyers and special interest, seem to own the hour  
No care for the nation, only their want of control and power  
Our people have suffering and fear, "God" now only spoken in a hush  
Thankfully messages of hope and truth, come in a Rush  
Honest words, which make all Stop, Look and Listen  
So my colors, may continue to shine and glisten  
Like the Boston Party, now there is power in the new "Tea"  
For all who want to drink, from Freedom's Sea  
Now is the time to stand up, be counted and not be in fear  
Your vote a "purchased" right, its' endangerment always near  
Teach all children, as they "text" or fly their kites  
Of the so many who've died, to preserve our rights  
America must remain, "a family are we"  
If this Nation will continue to sing, "Oh Say can You See"

*TrkrGramps*